

Free 6-Week Online Caregiver Training



*Register to receive log-in information.

SAVVY Caregiver Program

September 19 - October 24, 2024 | Thursdays
2:00 p.m. - 4:00 p.m.
(Virtual Workshops - Microsoft Teams)

**For People Who Care for Someone with a
Dementia-related Illness**

The Savvy Caregiver Program is an evidence-based training provided over a six-week period for people who care for someone with dementia-related illnesses. Participants will gain:

- Personal knowledge, skills & caregiving perspective
- Skills to access abilities of their person with dementia
- Confidence to set and alter caregiver goals
- Strategies to manage activities of daily living

Contact Tiah Thompson to register:

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